



Sheffield Festival of Athletics presents

The Steel City Cup

A Challenge match between

**BARNSELY AC/CHESTERFIELD & DISTRICT AC/CITY OF SHEFFIELD & DEARNE AC/
DONCASTER AC/HALLAMSHIRE HARRIERS/ROTHERHAM HARRIERS/WOMBWELL SC/2DASH**

plus OPEN COMPETITION for athletes from other clubs

**Held at Sheffield Hallam University City Athletics Stadium, Woodbourn Road, Sheffield
on Saturday 7th Sept 2019**

Events (All Age Groups as at 31st August 2019)

FIRST EVENT 10.30

100 Metres	<input type="checkbox"/>	PB _____	Long Jump	<input type="checkbox"/>	PB _____
200 Metres	<input type="checkbox"/>	PB _____	High Jump	<input type="checkbox"/>	PB _____
400 Metres	<input type="checkbox"/>	PB _____ No U11/U13s	Pole Vault	<input type="checkbox"/>	PB _____
800 Metres	<input type="checkbox"/>	PB _____	Shot	<input type="checkbox"/>	PB _____
1500 Metres	<input type="checkbox"/>	PB _____ No U11s	Javelin	<input type="checkbox"/>	PB _____
Sprint Hurdles	<input type="checkbox"/>	PB _____	Discus	<input type="checkbox"/>	PB _____ No U11s
		(Age group Distances)	Hammer	<input type="checkbox"/>	PB _____ No U11/13s



Please tick box for required event(s)

Under 15, 13, 11 may only compete in up to three events. U13/U15 may not do both 800m AND 1500m.

Senior, Under 20 & Under 17 competitors will be seeded together by ability.

Under 15, Under 13 & Under 11 will be seeded by ability within age group.

All track events are time trials – no heats/finals. Competitors will be allowed four trials in the Field Events
Timetable, competition rules and event information will be published at www.sheffieldfestival.org prior to the event.

Online Entries can be made at www.race-results.co.uk

Entry Fees: £7.00 one event, £8.00 two events, £9.00 three events, £10.00 four events.

Held under UKA rules of competition.

Postal Entries to: Sheffield Festival of Athletics, 54 Stradbroke Drive, Sheffield S13 8SD.

For which I enclose the fee of £ _____

Name _____ e-mail _____

Date of Birth _____ Age Group _____ Telephone _____

Club _____ EA No. _____

Signed _____ (Parent or Guardian if Under 16)

Cheques payable to **Sheffield Festival of Athletics**

Online payments can be made. Contact John Howley on 07846 922437 or email john@howley.plus.com for details.

Race numbers to be collected on the day. Medals will be awarded to the first three athletes at each gender/age group per event. Any number may enter each event, but only the first two from each club will score toward the Steel City Cup. No Finals – all decisions based on times/distances.

Sheffield Festival of Athletics supports local charities and athletes. Proceeds from our events, after operating costs, go directly to deserving causes. For details of donations this year, visit www.sheffieldfestival.org.